

## **Changing the Trajectory: Working Towards Equity, Diversity and Inclusion in Recreation & Sport for Citizens with Low-Incomes**

Friday, March 31<sup>st</sup>, 2023

New Maryland Centre

9:00 am-4:00 pm

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Creating equitable and meaningful recreation and sport opportunities is critical to the future of community well-being. At all levels of community and government, New Brunswick recreation and sport professionals are being called upon to address equity, diversity, and inclusion to support equity-deserving groups' participation in community activities, including those living with low incomes. This 1-day experiential workshop aims to gather as communities of practice to learn and exchange knowledge to address the exclusionary practices and inequities that populations living with low incomes experience. Supporting the trajectory of a more equitable and socially inclusive recreation and sport delivery system requires professionals to embrace new values and practices (i.e., programs, policies, services, and resources) that fundamentally shift the way recreation and sport are experienced in the community. This workshop will use existing research and promising practices to support professionals in understanding how and why the current system can be inequitable and exclusionary and to share insight into values and practices that can start shifting recreation and sport delivery systems to a more equitable future.

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**What will the day look like?** See the agenda below.

**Who should attend?** Anyone that influences or is involved in the design, delivery and development of recreation and sport provisions (programs, services, resources & policies) in NB, including provincial, municipal, local, and non-profit entities, clubs and organizations.

**What will the workshop experience be like?** This workshop is interactive. Through two different learning tools, Pathway to Play and Tough Leisure Choices, workshop participants will better understand the challenges citizens with low incomes experience engaging with recreation and sport provisions (programs, resources, services & policies). Workshop participants will also receive resources and knowledge to help them engage with EDI principles and practices.

**Will there be ways for me to share my experiences?** The workshop is designed to support two-way communication, including gathering feedback and wisdom from workshop participants. The last activity of the workshop will intentionally explore workshop participants' capacity for engaging in EDI principles and practices; this will help us identify where more support for EDI in recreation and sport practices is required in NB.

**What is required of me while at the workshop?** A willingness to discuss workshop topics, share your wisdom and experiences and have fun networking with others.

**What should I wear and bring with me?** Comfortable clothing, pen and paper, an open mind and positive energy.

## Workshop Agenda

**8:30 am:** Check-in & Coffee

**9:00 am:** Welcome & Workshop Objectives

**9:15-9:30 am:** Equity, Diversity, and Inclusion fundamentals

**9:30-9:45 am:** Poverty & Recreation and Sport Delivery Systems. A model to address complexity.

**9:45-10:15 am: Pathway to Play Part 1**—Interactive activity exploring how recreation and sport provisions intersect with lived experience of living with a low-income. Topics covered include gathering program information, creating awareness of programs, registration processes/procedures, and financial costs & financial subsidies/grant programs.

**10:15-10:30 am: BREAK**

**10:30-12:00 pm: Pathway to Play Part 2**—Interactive activity exploring how recreation and sport provisions intersect with lived experience of living with a low-income. Topics covered include fundraising, equipment & supplies, and transportation/location.

**12:00-12:45 pm: LUNCH**

**12:45-2:15 pm: Pathway to Play Part 3**—Interactive activity exploring how recreation and sport provisions intersect with lived experience of living with a low-income. Topics covered include program design and policies (programmatic, organizational & provincial).

**2:15-2:30 pm: BREAK**

**2:30-3:30 pm: Reconstructed Pathway**—Interactive segment that explores workshop participants' experiences, capacity and needs to engage with EDI practices.

**3:30-4:00 pm:** Summary & Next Steps